

Canadian Soldier Izzy Doll

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They cannot be bought or sold".*

Note: Finished height should be approximately 6". Face colours should be natural, etc. shades of brown (light, medium or dark), cream, light pink, peach, black etc.

Materials: Suggested Yarn: Patons Canadiana Variegated, Colours – Forest Green

Patrons Astra – Medium Tan for boots; Astra – Cream or other face colour

Needles: 2.75 or 3.00 mm; Stuffing-Polyester Fiberfill;
Embroidery floss for face

*** See option # 2 below for separate attached arms**

**** See option # 3 for female soldier.**



To make: Cast on 16 sts.

Boots: Row 1 – Knit into front and back of each stitch (32 stitches)

Rows 2,3 & 4 Knit. Change colour to variegated yarn (green or brown).

Pants: Rows 1 to 16 – stocking st. (knit 1 row, purl 1 row)

Row 17 knit

Row 18 knit (this separates pants & shirt). Continue.

Shirt: Rows 1 to 14 – stocking st. Change colour to face colour.

Face/Head: Rows 1 to 12 stocking st.

Row 13 – K3, K2tog; (K4, K2tog) 4 times; Knit to end of row (27 sts)

Rows 14, 16, & 18 Purl

Row 15 – K2, K2tog; (K3, K2tog) 4 times; Knit to end of row (22 sts)

Row 17 – (K2, K2tog) across the row (17 sts)

Row 19 – (K1, K2tog) 5 times; K2tog. Draw yarn through remaining sts.

To Finish: (1) With right sides together, sew seams from top of head to bottom of boots, changing colours as you go along. Turn right side out. (2) Stuff head. Weave a strand of matching yarn across the first face row. Draw up to form neck and tie tightly. (3) With matching yarn define arms by sewing small backstitches through both layers from waist to about 3 rows below neckline and then stuff arms and tummy. Note: arms should be about the width of your small finger to make it easier to stuff. (4) Define legs in the same manner with small backstitches down the middle from bottom edge to a few rows below the waistline and then stuff. Sew together bottom edge. (5) With matching yarn, weave a single strand of yarn around the waist and gather in slightly to form a waist. (6) Repeat around the top row of boots to form ankles. (7) Knit a hat and attach to head (a beret or combat cap). Note: There are different colour berets within the Canadian Forces. You can use this pattern to make the appropriate colour for your project. (8) Embroider eyes and mouth on face.

Option # 1 Illusion of hands

*You can also make the illusion of hands as follows: Knit 14 rows for pants. Next row: K9 sts for pants, K3 in flesh tone (or whatever colour you are using for face), K8 for pants, K3 in flesh tone, K9 for pants. Next row: P8 for pants, P4 in flesh tone, P8 for pants, P4 in flesh tone, P8 for pants. Next row (changing to sweater colour), K8 for sweater, K4 in flesh tone, K8 for sweater, K4 in flesh tone, K8 for sweater. Next row: P8 for sweater, P4 in flesh tone, P8 for sweater, P4 in flesh tone, P8 for sweater. Continue stocking stitch for sweater for 12 more rows.

Option # 2 Arms made separately and attached.



*Arms (make 2) With face colour cast on 6 stitches

Row 1 Knit

Row 2 Purl

Row 3 Knit 1, K into front & back of next st (repeat across – 9 sts)

Row 4 Purl

Row 5 Change to shirt colour and stocking stitch for 12 rows

Row 17 K1, K2 together (repeat across – 6 Sts)

Row 18 Purl Place sts on a separate needle or holder

Knit body as previously instructed until Row 13. With right side facing attach arms as follows: Knit 6 sts, hold arm in front of shirt and knit the next 6 sts of the shirt

and arm together, knit 8 sts of shirt, holding second arm in front knit the next 6 sts of the shirt and arm together, knit remaining 6 sts of shirt.

Row 14 Purl. Change to face colour and continue making head as instructed above.

To Finish: Sew and stuff arms first starting at the bottom of hand. After sewing and stuffing the body of the doll, tack arms part way down the body so that they don't stick straight out at the sides.

Option # 3 Female Soldier:

Hair:Head (After completing shirt continue as follows)

Row 1 Knit (skin colour)

Row 2 Purl (skin colour)

Row 3 Knit 3 (hair colour); knit 26 (skin colour); knit 3 (hair colour)

Row 4 Purl 6 (hair colour); purl 20 (skin colour); purl 6 (hair colour)

Row 5 Knit 8 (haircolour); knit 16 (skin colour); knit 8 (hair colour)

Row 6 Purl 10 (hair colour); purl 12 (skin colour); purl 10 (hair colour)

Row 7 Knit 11 (hair colour); knit 10 (skin colour); knit 11 (hair colour)

Row 8 Purl 12 (hair colour); purl 8 (skin colour); purl 12 (hair colour)

Row 9 Knit 13 (hair colour); knit 6 (skin colour); purl 13 (hair colour)

Row 10 Purl 14 (hair colour);

purl 1 (skin colour); purl 1 (hair colour); purl 1 (skin colour); purl 15 (hair colour)

Row 11 Purl 32 (hair colour)

Row 12 Purl 32 (hair colour)

Continue in hair colour decreasing stitches as per Rows 5 – 11 of hat instructions.

(Optional bun: Cast on approx.. 40 stitches in hair colour; Knit 1 row; Cast off , form into a bun and attach to back of head after beret or cap has been attached).

Peacekeeper Blue Beret

Materials: Suggested Yarn: Patons Astra. Colours – Black & Medium Blue.

Needles: 2.75 or 3:00 mm

To Make: Cast on 25 sts in black colour, then change to blue colour

Row 1 – Knit in blue colour

Row 2 – Purl

Row 3 – Increase: (Knit into the front & back of each st) 24 times; K1 (49 sts)

Row 4 – Purl; Row 5 – Knit; Row 6 – Purl;

Row 7 – Decrease: K9, (K2tog, K3) twice; K11, (K3, K2tog) twice, K9 (45 sts)

Row 8 – Purl

Row 9 – Decrease: K9, (K2tog, K2) twice; K11, (K2, K2tog) twice, K9 (41 sts)

Row 10 – Purl

Row 11 – Shape top: (K2, K2tog) to last st., K1 (31 sts)

Row 12 – Purl

Row 13 – (K1, K2tog) to last st., K1 (21 sts)

Row 14 – Purl

Row 15 – (K2tog) to last st., K1 (11 sts). Draw yarn through remaining sts leaving a long tail of yarn for sewing up the beret after.

UN Crest

Embroider a small white circle on front of beret and fill it in, (I used a chain stitch for this and embroidery thread, but you can also use a fine white yarn). Sew up back seam of beret and attach to head.

Camouflage Combat Cap

Materials: Use the same yarn and needles as you did to knit your soldier

Crown: Cast on 31 sts.

Rows 1 to 8 – Knit every row

Row 9 – (K1, slip 1, K1, PSSO) repeat to last stitch, K1

Row 10 – Knit

Row 11 – K2, (slip 1, K1, PSSO) repeat to last stitch, K1

Row 12 – (slip 1, K1, PSSO) repeat to end

Break yarn and thread through remaining sts.

Brim:

Row 1 – With right side facing, pick up and knit 29 sts from first row of Crown.

Row 2 – (K1, K into front & back of next st), repeat to last st, K1 (43 sts)

Row 3 – Knit

Row 4 – (K2, K into front & back of next st), repeat to last st, K1

Row 5 – Cast off loosely (can use a larger needle for cast off if desired)

To finish: Starting at Crown, draw up stitches and sew up seam. Attach to head.

Web site: www.izzydoll.ca Go to Mark Isfeld Memorial Page for information.

Contact: Shirley O'Connell, Email: soconn37@gmail.com for more patterns or questions.

What do I do with my completed dolls? Contact Shirley for distribution information.